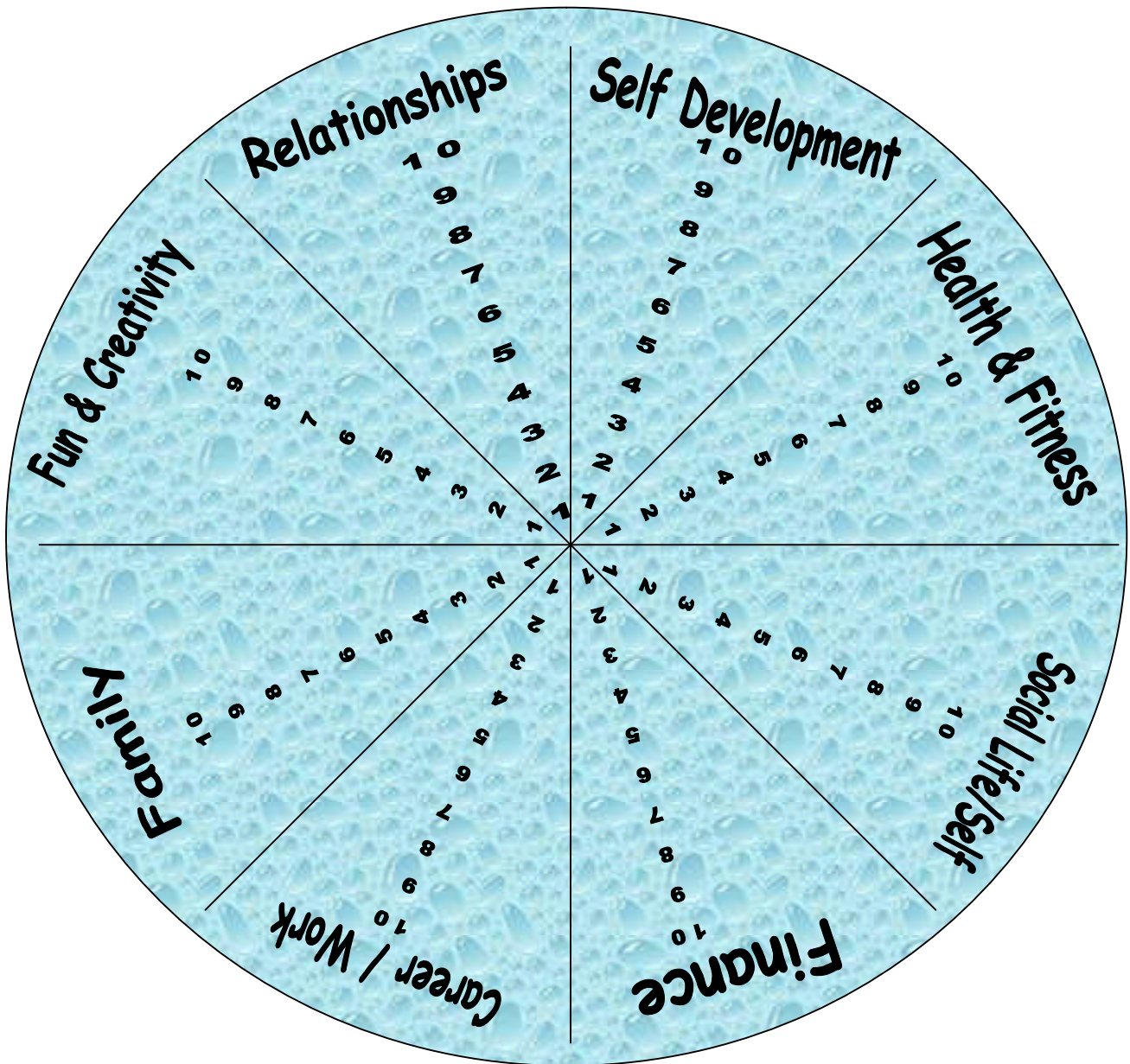


## The Wheel of Life



Complete the chart by circling or marking where you feel that you currently stand in relation to the above stated areas of your life (1 = totally dissatisfied; 10 = completely satisfied). Once you have completed the chart, connect the points using circular lines so that you have your own personal wheel. How far would you like to travel with your wheel? Would it be a bumpy journey?